



FOOTBALL COMMISSION INC.

**Metro North Region
(Claremont, Subiaco & West Perth DFDCs)**

Circular 12/2020

Kicking goals for Sarcoma awareness and raising funds for Sarcoma research

Audience: Community Club Committees (Senior and Junior Clubs), Coaches, Parents, Umpires and Players
Date: 27 August 2020
Distributed by/to: Email to Junior and Senior Club Presidents, Secretaries and Executive Committees, WAAFL, Metro Football League, WAWFL, WAFL Clubs, Claremont JFL, Subiaco JFL, West Perth JFL
Contact: Andrew Ridley
Community Development Manager
Ph: 0408 298 725 Email: aridley@wafc.com.au

Summary:

- *Football helps to raise funds and awareness for Sarcoma Research*
- *Football clubs and teams are encouraged to join in and wear odd socks and donate important funds for Sarcoma Research*
- *When: Friday 11th, Saturday 12th & Sunday 13th September – helping launch WA Sarcoma Awareness Week*
- *The 2020 Kalin Foley Cup will see Wanneroo v Ocean Ridge Year 6s - played at Heathridge Park, 10.00am on Sunday 13th September*
- *All money goes directly to Sock it to Sarcoma! to fund sarcoma awareness and research*

Action:

- *All clubs to promote to teams and members*
- *Players encouraged to wear odd socks at your games on September 11-13 September to help raise awareness*
- *Players are encouraged to donate (gold coin) to help raise funds for Sarcoma research*
- *Team Managers to collect donated funds and drop to club canteen (or aligned district's WAFL Club)*
- *Club committee to deliver funds to aligned district's WAFL Club Office*

Kalin Foley was in year seven in 2012 when he was diagnosed with a rare soft tissue paediatric sarcoma called Rhabdomyosarcoma after a suspected injury in a game of football. Kalin had played for **Wanneroo Junior Football Club** for many years & attended **Prendiville Catholic College** with many **Ocean Ridge Junior Football Club** players.

Kalin lost his battle at 15 years of age in September 2014 after an extensive treatment regime and one hell of a fight.

Sarcoma is a group of rare primary bone and soft tissue tumours, given a number of different names depending on the type of tissue from which they arise. The causes of sarcoma, including whether there are any underlying genetic links, are not yet established. This is the reason why more research into the molecular biology and etiology is so crucial.

The West Perth District, Claremont District and Subiaco District clubs helped raise over \$10,000 in 2020 by encouraging local football teams to wear odd socks to raise funds and awareness of Sarcoma throughout the local football community. More than \$50,000.00 has been raised over the last five years.

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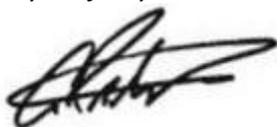


WA Football's involvement with Sock it to Sarcoma! aims to raise awareness of Sarcoma, a rare cancer and raise funds for Sarcoma research in Western Australia. WA Football has a reason close to home to be involved, with Kalin's diagnosis arising following injury in a local football game.

Football players are encouraged to join and support the event by wearing odd socks on Friday 11th, Saturday 12th and Sunday 13th September with players asked to donate a gold coin donation to be collected by Team Managers/Club Officials. Players are encouraged to wear one of their club/team socks accompanied by an odd sock on the other foot – joining the Sock it to Sarcoma! theme.

As part of WA Sarcoma Awareness Week and with the blessing of Kalin's parents Paul and Brigitte the West Perth Football District, Wanneroo Junior Football Club and Ocean Ridge Junior Football Club will again run the annual Kalin Foley Cup, at match honoring Kalin Foley; this year at Heathridge Park on September 13.

On Friday 11th, Saturday 12^h and Sunday 13th September - have some fun, pull on a pair of odd socks for your footy match and donate to a great cause, helping us **Sock it to Sarcoma!**



Andrew Ridley
Community Development Manager
WA Football Commission

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HOW TO GET INVOLVED?

PARTICIPATE IN WA FOOTBALL'S ODD SOCKS DAY FOR SARCOMA



All Football Clubs; including Auskick, Junior, Senior Clubs and WAFL Clubs are encouraged to join and support WA Sarcoma Awareness Week by wearing odd socks on Friday 11th, Saturday 12th and Sunday 13th September with players donating a gold coin, or donation of their choice to be collected by Team Managers/Club Officials.

Players are encouraged to wear one of their club/team socks accompanied by an odd sock on the other foot – joining the Sock it to Sarcoma! theme.

Location: Auskick, Junior, and Senior Football Clubs
When: Friday 11th, Saturday 12th & Sunday 13th September

Team Managers/Club Officials are asked to collect donations from team members for the event and for the funds to be dropped off in an envelope, money bag or sealed container to the club's "home ground" canteen following the match or delivered to the West Perth Football Club, Subiaco Football Club or Claremont Football Club Offices between 9am – 5pm during the week starting September 14th.

KALIN FOLEY CUP

Location: Wanneroo Showgrounds
When: Sunday 13th September – 10.00am start.

Local football matches between Year 6 teams of the Wanneroo JFC and Ocean Ridge JFC playing for the Kalin Foley Cup in memory of Kalin Foley. An additional Year 4 Game between Ocean Ridge and Wanneroo will also be played at Heathridge Park during this time slot. The event will include raffles and community activities for the whole family.

DONATE TO HELP FUND CRITICAL SARCOMA AWARENESS



Contact Andrew Ridley on 0408 298 725.

Cash donations will go directly to Sock it to Sarcoma! or goods to auction/raffle on the day at the 2020 Kalin Foley Cup at Heathridge Park are greatly appreciated.

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WA SARCOMA AWARENESS WEEK SARCOMA AWARENESS & RAISING FUNDS FOR RESEARCH

Club:	
Year Group:	
Team Name:	
Team Contact:	Contact Number:

If individuals from your team require a receipt for tax purposes please complete the details below:

Name:	Address:	
Amount:	Email:	Phone:

Name:	Address:	
Amount:	Email:	Phone:

Name:	Address:	
Amount:	Email:	Phone:

Name:	Address:	
Amount:	Email:	Phone:

Name:	Address:	
Amount:	Email:	Phone:

Total Amount Collected:	Initials of Team Contact:
Funds delivered to:	Recipient's Initials:

Thank you for your support in raising funds for Sarcoma Research – a cause close to our hearts.

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FURTHER INFORMATION

WHAT IS SARCOMA?

Sarcoma is a group of rare primary bone and soft tissue tumours, given a number of different names depending on the type of tissue from which they arise. There are over 30 variants of bone cancer, and over 150 variations of all sarcomas. Some varieties most commonly arise in children, adolescents and young adults and in adults over the age of 55. Examples of soft tissue sarcomas are: leiomyosarcoma (from smooth muscle); liposarcoma (from fat); chondrosarcoma (from cartilage); rhabdomyosarcoma, angiosarcoma (blood vessels) and synovial sarcoma, whilst osteosarcoma and Ewing's Sarcoma arise from bone.

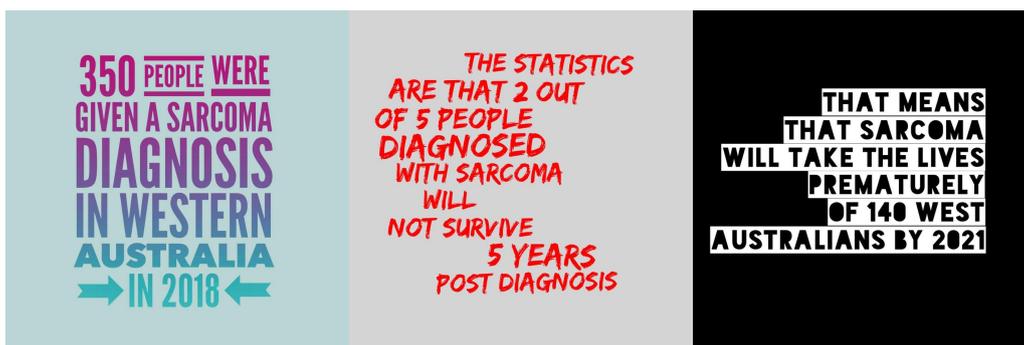
The causes of sarcoma, including whether or not there are any underlying genetic links, are not yet established. This is the reason why more research into the molecular biology and etiology is so crucial. In the case of Ewing's Sarcoma, it is known that there is a translocation of genes 11 and 22, but the reason for this is still undetermined.

There are approximately 800 new cases diagnosed each year in Australia which account for approximately 1% of all adult malignancies and 10-15% of paediatric malignancies.

Common symptoms of sarcoma can include:

- An unexplained swelling or lump, which may or may not be painful and which changes in size
- a pain in the back or limb that appears to have no cause
- unrelieved pain when at rest, particularly at night
- weight loss
- fatigue

They can often be attributed to a sports injury or other causes. If you notice any changes in your body, go and see your doctor. If you're worried that your concerns aren't being taken seriously, keep going back, go and see a different doctor or find someone else to talk to. With sarcoma, the quicker the diagnosis, the better!



SARCOMA RECEIVES
LESS THAN 1% OF
THE **CANCER**
RESEARCH DOLLAR

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ABOUT SOCK IT TO SARCOMA!

- Sock it to Sarcoma! is a Perth-based organisation dedicated to raising money for research, awareness about sarcoma and provides support for people affected by sarcoma.
- It was the brainchild of Abbie Basson, who at the age of 17 was diagnosed with stage four metastatic Ewing's sarcoma.
- Abbie had never heard of sarcoma and after discovering little was being done about the disease, set about raising money for research.
- After a three year battle with the disease, Abbie passed away in 2011 but her family continued her work and Sock it to Sarcoma! was born.
- Sock it to Sarcoma! works with the University of Western Australia; Murdoch University; Curtin University; the Telethon Kids Institute; Sir Charles Gairdner hospital; Perth Children's Hospital.



Sock it to Sarcoma!

Website: www.sockittosarcoma.org.au
Facebook: [Facebook.com/SockItToSarcoma](https://www.facebook.com/SockItToSarcoma)
Twitter: [@sockittosarcoma](https://twitter.com/sockittosarcoma)

OUR VISION

West Australians and their families facing the sarcoma journey will have gold standard holistic care throughout every aspect of their journey: from diagnosis to survivorship or bereavement via quality research, surgical, medical and clinical support services.

OUR MISSION

- Funding research into sarcoma, a rare and aggressive group of primary bone & soft tissue tumours.
- Better understanding for sarcoma patients through community awareness
- Supporting gold standard holistic clinical care for sarcoma patients
- Advocating for Adolescent and Young Adults with cancer

WHERE YOUR DONATIONS GO

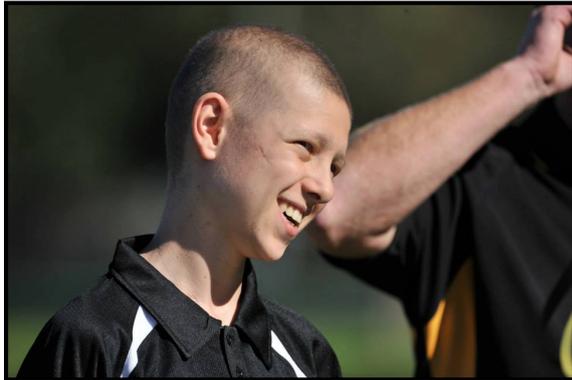
Your donations will go towards:

- Sarcoma research initially through the annual Abbie Basson Sarcoma Research Scholarship, conjointly hosted between the University of Western Australia and later through a multi-disciplinary sarcoma research centre
- Community Awareness through information brochures produced specifically around sarcoma, for all age groups
- Community programs designed to inform about the symptoms of sarcoma and the benefits of earlier diagnosis through referral to specialist teams, particularly in relation to the adolescent and young adult age group
- Support of an interdisciplinary translational centre for sarcoma, providing opportunities for the best possible holistic care for sarcoma patients and their families, from diagnosis through to after-treatment services

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MORE ABOUT KALIN FOLEY



Kalin was 12 and in his first year of high school at Prendiville Catholic College and at the start of his fifth season for the WJFC in 2012. During training early in the season he fell heavily onto his lower back. Over the weeks that followed the injury was causing him more and more pain to the point he could no longer sit down. Numerous trips to health professionals including GP's, paediatricians, physiotherapists and chiropractors confirmed nothing more than bruising to his tail bone. Meanwhile Kalin's health worsened, as did the

pain. Little did we know then, but on Mother's Day 2012, he played his last game of footy ever against a team full of his new high school friends who played for ORJFC.

Three weeks later he was admitted to the oncology unit at PMH where we were delivered the worst news a parent could possibly hear. Kalin was diagnosed with a rare soft tissue paediatric sarcoma called Rhabdomyosarcoma. The pain Kalin was experiencing was not a result of his fall at football at all, but a rockmelon sized tumour that was pressing against his nerves and invading his pelvis and abdomen. The delay in diagnosing his disease, which is typical in Sarcomas, meant the disease had had time to spread, taking over his bone marrow and lymph nodes.

Kalin's treatment started the same day of his diagnosis and involved 20 cycles of intensive high strength chemo over 54 weeks, 29 rounds of radiation, multiple bone marrow aspirations, PET, MRI and CT scans and many other procedures too numerous to count. He handled his treatment with strength, determination and grace far beyond his years and by July 2013 he was declared to be in remission.

Unfortunately, as in Kalin's case, sarcomas have a high relapse rate and his remission was short lived, by late October 2013 Kalin became unwell again and at the beginning of November 2013, we were told that Kalin's disease had returned. He was placed on a further 6 months of weekly chemotherapy but tragically this was effective for only 5 months before new tumours grew. In July 2014 no further, curative treatment was available to him and he was placed into palliative care. He passed away on September 22nd, 2014, 5 days after his 15th birthday.

At the beginning of Kalin's tragic journey his footy club WJFC and his new school mates at ORJFC staged the first Kalin Foley Cup in the middle of the 2012 season. This was the first time the two teams had met after his diagnosis and the day was planned to support us as a family. It was a great community event and provided us with the strength and positivity to get us through those first initial months. An annual event was proposed the following year in 2013 with a specific request by Kalin to support research into sarcoma and provide awareness for such diseases.

We have been overwhelmed by the support we have received from these events and would love to see it continue and grow as an ongoing tribute to Kalin's life, while adding much needed exposure to these rare and under-funded and researched cancers.

Paul & Brigitte Foley

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COMMUNITY AMBASSADORS

A few years ago I was really fortunate to meet a great young man, Hugh, who had recently been diagnosed with sarcoma. There is a lack of understanding around identifying symptoms of sarcoma, there is a lack of funding that goes into research and there is a lack of funding available to provide services for sarcoma patients. Through my connection with Hugh, I am extremely excited to be a part of the campaign to help raise awareness about Sock it to Sarcoma!

Ashton Turner – Perth Scorchers



“Recently, the daughter of a close friend was diagnosed with Sarcoma. It was then I realised I knew nothing about this form of cancer. There is a real lack of awareness from the general public but also more importantly general practitioners. I want to support this event because by making more people aware of sarcoma and its symptoms, we have a better chance of saving lives. Early treatment provides a better chance for a better outcome..”

Chris Masten – West Coast Eagles

“In I had never heard of sarcoma until one of my relatives was diagnosed. And then, a few months after that, one of my mates at the club, Chris Masten, had a friend who was diagnosed with sarcoma. After learning more about it, it became obvious that everyone needs to be aware of sarcoma symptoms – especially people around my age – because early intervention can help reduce the impact of the disease. And of course, we need to support research as that is how we will eventually find a cure for sarcoma. So, please, help us Sock it to Sarcoma!”

Dom Sheed – West Coast Eagles



“It is an absolute honour for me to say that I am an ambassador for Sock it to Sarcoma. I have achieved some great things during my wheelchair basketball career but nothing will ever compare to being a cancer survivor. I was very lucky to have such a strong support network when I had my leg amputated and during my cancer journey, I am very much looking forward to playing a part in supporting those who are going through a similar journey to mine.”

Adam Deans – Perth Wheelcats

“In 2013 I met an incredible young man – Kalin Foley, a member of the Wanneroo JFC and his family after supporters of the family reached out to the Falcons District to support the Kalin Foley Cup in an effort to raise funds for Kalin’s treatment. This was only the second time I had heard the word Sarcoma... my wife was diagnosed only a few months earlier with angiosarcoma.

This cancer is rare and aggressive and receives little of the Cancer research dollar. Football Clubs and their members are in a position to help raise awareness and funds for this cause which has affected the football family so intimately and a cause incredibly close to my heart.

Together we can help Sock it to Sarcoma!

Andrew Ridley, Community Development Manager - WA Football Commission



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